



FREE PROGRAM

# Let's Talk About Money

Build new skills and knowledge in money management and gain clarity and confidence about your financial future.

This is a great opportunity to:

- Take control of managing your money
- Learn more about banking, debt, budgeting and saving
- Explore opportunities to build self confidence
- Know your money rights

## Program details

WHEN: Thursdays, 8, 15, 29 August & 5 September

[One session per week for four weeks]

TIME: 12.30pm – 3.00pm

WHERE: Penrith Women's Health Centre,  
Corner Henry and Station Streets,  
Penrith NSW 2750

## What is Firmer Foundations® ?

Firmer Foundations® offers a program of workshops, group work and one to one coaching to support women on their journey towards greater financial knowledge and independence.

This group is being offered in conjunction with Community Restorative Justice Centre.

## Book now

To register your name or for more information, please

- Call (02) 8571 7800
- Text 0490 290 033
- Or email [firmerfoundationsnsydney@goodshep.org.au](mailto:firmerfoundationsnsydney@goodshep.org.au)



Firmer Foundations® is proudly supported by the NSW Government Office for Women.

This program is delivered in partnership with

