



FREE PROGRAM

Women's Money Wellness

Join this group program to build new skills and knowledge in money management and gain clarity, confidence and excitement and your financial future.

This is a great opportunity to:

- Learn strategies to build your financial wellbeing
- Take more control in managing your money
- Explore opportunities to build self confidence

Program details

WHEN

Date: Thursdays, 1, 8, 15 & 22 August
[One session per week for four weeks]

Time: 1:00pm – 3:00pm

WHERE:

North Frankston Community Centre
26 Mahogany Avenue
Frankston North 3200

WHO: Women over 18

Afternoon tea provided

Registration is essential

To register phone: 5971 9444 or
text: 0490 120 918 or email
firmerfoundationspeninsula@goodshep.org.au

If you need assistance with child care or transport to attend this program, please call us to discuss.

What is Firmer Foundations®?

Firmer Foundations offers a program of workshops, group work and one to one coaching to support women on their journey towards a full, safe life with greater financial knowledge and independence.

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Firmer Foundations® is proudly supported by Ecstra Foundation.



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