

FREE PROGRAM

## Women's Money Wellness

An opportunity to gain clarity, confidence and excitement about your financial future.

Would you like to:

- Learn new strategies for financial wellbeing?
- Explore opportunities to build self confidence?
- Develop a clear vision for your financial future?

### Program details

#### WHEN

Mondays 12:30pm – 2:30pm  
22, 29 August and 5, 12 September

#### WHERE

Westvale Community Centre  
45 Kings Road, St Albans

### Book now!

Secure your place in this FREE four-week program for women in the western suburbs of Melbourne.

Morning tea provided.

For more information call Good Shepherd in St Albans on 03 8312 8800 or email [firmerfoundationswest@goodshep.org.au](mailto:firmerfoundationswest@goodshep.org.au)

*If you need assistance with child care or transport to attend this program, please call us to discuss.*

***I came thinking it would be solely money orientated but was amazed and so encouraged to learn how much of oneself affects money attitude. I think learning about 'ourselves', strengths, goals, personal achievements is a huge starting point.*** Participant

Firmer Foundations supports women on their journey towards a full, safe life with greater financial knowledge and independence.